

Trusting Jesus

Dare to Be You!

As sensitive souls, we have something important to tell all those who share our sensitivity:
Be YOU! You are a gift!

In this book, I share some of my personal experiences, hoping you can relate and make meaningful connections. Our goal is to empower you to embrace your sensitive nature and apply it where it's needed most: in the kingdom of God.

We hope this book helps you develop valuable skills that will enhance your everyday life. Recognizing your sensitive nature as a gift is a journey—one that doesn't happen overnight. To guide you through this process, we've divided the book into three key journeys:

- Trusting God's love
- Trusting His mercy
- Trusting His will

We also encourage you to continue your journey with the workbook, which complements this book and reinforces what you've learned. It's designed to deepen your experience and support your transformation.

The more you understand God, others, and yourself, the more you'll discover how your sensitivity can help you love and appreciate them. The ultimate goal is to love God with all your heart, mind, and soul, and to love your neighbor as yourself. These are the two greatest commandments God has given us, and He knows what is best for us. True happiness and fulfillment come when we live in alignment with this truth. God is love, and He created us to share that love with Him and spread it to others. We were made to give and receive love.

TRUSTING JESUS

*RENEWING THE HEART, MIND, AND
SOUL FOR
SENSITIVE SOULS*

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